



# Child Psychiatry Access Network (CPAN)

CPAN is a network of child psychiatry access centers providing child and adolescent behavioral health consultation services and training opportunities for Primary Care Physicians and Pediatricians. CPAN is funded by the State of Texas through the Texas Child Mental Health Consortium and offered through JPS Health Network and The University of North Texas Health Science Center.

## Why CPAN?

If you are worried about a patient's mental health or a patient's family has expressed concerns about anxiety, depression, abuse, or other behavioral health concerns, CPAN is here to help.

- There is a barrier for behavioral health services due to the shortage of child psychiatrists.
- Children are more likely to see a Primary Care Physician or pediatrician when they are experiencing challenges with their behavior.
- CPAN takes a peer learning approach in providing care for children and adolescents with behavioral health needs.

## How does CPAN work?

Our network is composed of 12 regional hubs, each equipped to provide consultation to physicians concerning children's mental health needs.

Upon enrollment, your facility will be assigned to 1 hub that will keep a record of patient inquiries to ensure history and current treatment methods are accounted for.

If you'd like to consult a mental health provider on a patient's behavioral issues, just pick up the phone and call your regional hub. You will receive a consultation on patient issues, connection to an active and available resource, or a connection to a child psychiatrist within 30 minutes of making a call.

## Benefits of Enrolling in CPAN

- CPAN is a **free** service for Primary Care Physicians and pediatricians.
- You can receive psychiatric consultations with a child psychiatrist and mental health professional.
- Training opportunities for PCPs and pediatricians to improve the care of children and adolescents with behavioral health needs.
- Facilitated referrals to reliable mental health providers in your community.

## How to Enroll

1. Call the following number: **1-888-901-CPAN**. Press option 1 for the North Region, then press option 1 for UNT Health Science in Fort Worth.
2. An enrollment form will be provided to you to complete.
3. Complete and submit the form and you are officially enrolled!
4. You will be sent a welcome kit upon enrollment and can immediately start using the CPAN system.



**CPAN**  
Child Psychiatry  
Access Network

### For more information:

Phone: **1-888-901-CPAN**

Email: [JPSCPAN@jpshealth.org](mailto:JPSCPAN@jpshealth.org)