



A licensed therapist is available 24 hours a day, 7 days a week by dialing **817-702-1688**

## Mental Health

### MHMR of Tarrant County I-CARE Line

[mhatc.org](http://mhatc.org)

**817-335-3022** 24-hour crisis hotline  
(call or text)

MHMR Mobile Crisis Outreach Team can be dispatched for face-to-face crisis intervention.

### Suicide and Crisis Center of North Texas

**214-828-1000** 24-hour crisis hotline

### National Suicide Prevention Hotline

**1-800-273-8255** 24-hour crisis hotline

### Mental Health America of Greater Tarrant County

3136 W. 4th Street, Fort Worth, TX 76107

**817-569-5780** Main line

**817-546-7826** The "Warm Line"  
Monday - Friday, 1 p.m. – 5 p.m.  
(Call for support, but not in crisis)

### National Alliance on Mental Illness: Tarrant County

[namitarrant.org](http://namitarrant.org)

3136 W. 4th Street, Fort Worth, TX 76107  
**817-332-6677**

### Depression Connection for Recovery

[depressionconnection.org](http://depressionconnection.org)

3205 Hamilton Avenue, Fort Worth, TX 76107  
**817-492-1330**

### Depression and Bipolar Support Alliance

[dbsafortworth.wixsite.com/dbsafortworth](http://dbsafortworth.wixsite.com/dbsafortworth)

1400 8th Street, Fort Worth, TX 76104  
**817-654-7100**

## Substance Abuse

### Recovery Resource Council

[recoverycouncil.org/](http://recoverycouncil.org/)

**817-332-6329**

Located in Fort Worth, Dallas and Denton

### Alcoholics Anonymous

[fortworthaa.org](http://fortworthaa.org)

**817-332-3533** or **1-800-396-1602**

1501 Hemphill Street, Room A, Fort Worth, TX 76104

### Nar-Anon

[nar-anon.org](http://nar-anon.org)

**1-800-477-6291**

### Texas Al-Anon / Alateen

[texas-al-anon.org/ftworth/](http://texas-al-anon.org/ftworth/)

**817-336-2492**

For information on meetings and locations

### Narcotics Anonymous

[fwana.org](http://fwana.org)

**817-335-6360**

**817-624-9525**

Area helpline for meeting information

### Fort Worth Area Service Office (FWASO)

6816 Camp Bowie Boulevard West, Suite 124  
Fort Worth, TX 76116



## Domestic Violence/Sexual Assault

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### The Women's Center of Tarrant County

[womenscentertc.org](http://womenscentertc.org)

**817-927-4040**

723 Hemphill Street, Fort Worth, TX 76110

**817-548-1663**

401 W. Sanford, Suite 1200, Arlington, TX 76011

**817-927-2737**

24-hour Rape Crisis and  
Victim Services hotline

### SafeHaven

[safehaventc.org](http://safehaventc.org)

**1-877-701-7233**

24-hour Bilingual hotline

### One Safe Place

[onesafeplace.org](http://onesafeplace.org)

**817-885-7774**

Main phone

**817-916-4323**

Help with domestic violence

1100 Hemphill Street, Fort Worth, TX 76104

## Cancer Care / Elder Care

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### James L. West Center for Dementia Care

[jameslwest.org](http://jameslwest.org)

**817-877-1199**

1111 Summit Avenue, Fort Worth, TX 76102

### Cancer Care Services

[cancercareservices.org](http://cancercareservices.org)

**817-921-0653**

623 S. Henderson Street, Fort Worth, TX 76104

### Care.com

Connects families to a trusted network of  
independent caregivers

[care.com](http://care.com)

## Additional Helpful Phone Numbers

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### Legal Aid Fort Worth

**1-800-955-3959**

### Legal Aid for Survivors of Sexual Assault (LASSA)

**1-800-991-5153**

### National Human Trafficking Hotline

**1-888-373-7888**

24-hour hotline



## Additional Support Groups

### Overeaters Anonymous

<https://oa.org/>

### Sex Addicts Anonymous

<http://saa-recovery.org/>

### S-Anon

Groups for family and friends of sex addicts

<https://www.sanon.org>

### Co-Dependents Anonymous (CoDA)

<http://www.codatexas.org/>

### GriefShare

<https://www.griefshare.org/>

### DivorceCare

<https://www.divorcecare.org/>

### Survivors of Suicide (SOS)

<http://www.survivorsofsuicidesos.com/>

**817-335-5405** or

**817-277-0660**

Facilitator: Sharon Walker, LCSW

3136 W. 4th Street Fort Worth, TX 76107

### The WARM Place

Support group for children who have lost a family member.

<https://www.thewarmplace.org/>

**817-870-2272**

809 Lipscomb Street Fort Worth, TX 76104

### The Compassionate Friends: Fort Worth Chapter

Support group for those who lost a child.

<http://www.thecompassionatefriendsfw.com/>

**682-201-0837**

5001 Briarhaven Fort Worth, TX 76109

Room #271